

# Medicare's Therapeutic Shoes For Diabetics Program

## A quick guide on how to qualify & receive shoes & inserts

This page is intended to be used as a reference guidance only and is not intended as a comprehensive review of the Medicare TSD program. Please consult with your doctor.

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### Step 1

#### Get Certification That You Need Diabetic Footwear from your CERTIFYING PHYSICIAN

If the doctor managing your diabetes is a Doctor of Medicine (MD) or a Doctor of Osteopathy (DO) they may certify that you qualify for one pair of diabetic shoes and three pairs of diabetic inserts per year, if:

a) you have diabetes mellitus **AND** b) one of the following conditions;

- i) Previous amputation of the other foot, or part of the other foot, or
- ii) History of previous foot ulceration of either foot, or
- iii) History of pre-ulcerative calluses of either foot, or
- iv) Peripheral neuropathy with evidence of callus formation of either foot, or
- v) Poor circulation in either foot.

If your doctor certifies that you qualify your medical record will be updated accordingly.

### Step 2

#### Get A Prescription from am PRESCRIBING PRACTITIONER

Working in concert with your Certifying Physician, a Prescribing Practitioner issues a Prescription for Diabetic Shoes & Inserts after an in-person consult with the patient.

The person prescribing can be the **same** MD or DO from Step 1 or:

- |                             |                                 |
|-----------------------------|---------------------------------|
| Can be a different MD or DO | Physician's Assistant (PA)      |
| Nurse Practitioner (NP)     | Clinical Nurse Specialist (CNS) |
| Doctor Of Podiatry (DPM)    |                                 |

### Step 3

#### Receive your Shoes & Inserts from a QUALIFIED SUPPLIER

The person filling your prescription and supplying you with shoes can be any of the people from Step 2.

They can also be any other qualified provider, examples of which include: Pedorthist, Orthotist, Prosthetist or other qualified individual.